

Using hand sanitizer?



At least 60% alcohol

1

Apply

Put the amount on the label in one palm.

2

Rub everywhere

Palms, backs, between fingers, thumbs, fingertips.

3

Keep going

Rub until dry, about 20 seconds.

4

Don't wipe it off

Let it dry on its own.

Use soap and water instead when hands are dirty or greasy, and for stomach bugs.